WELCOME BACK!

Dear Shaler Area School District families,

It's a new beginning, a fresh, bright year. We're more excited than ever to welcome your children back! We've been refining and improving their favorites foods they've come to love, and also creating delicious, exciting new chef-inspired meals that we can't wait to share with everyone.

SAVE MONEY Groceries at home can add up, our buying power means we get quality food at cost effective pricing.

SAVE TIME No more morning rush to pack lunch!

VARIETY No more guessing what your child will be hungry for at lunch. Kids can choose from multiple options on the serving line every day.

BALANCED NUTRITION School meals are nutritious and are based on USDA guidelines.

Want to simplify the school year even more? Paying ahead can be an easy, low stress way o ensure ready access for your children to always have a healthy meal at school. If you qualify for low- or no-cost school lunches, then this can be an important way to meet your weekly household food budget.

We're ready for the best year yet! Together, we can ensure your children have nutritious meals at school for their optimal health and well-being. Our simple mission continues to shine through every aspect of our business: Caring for People. Serving Great Food.

Please do not hesitate to reach out with any questions or concerns.

Sincerely,

Alex Ficorilli Director of Food & Nutrition aficorilli@thenutritiongroup.com 412.492.1200 x1583

Sue Cook Director of Food & Nutrition shaler@thenutritiongroup.com 412492.1200 x1582

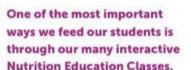


Caring people serving great food is our recipe for success.

THE NUTRITION GROUP IS PROUD TO BE YOUR SCHOOL'S FOOD SERVICE PROVIDER.

We want all students to enjoy healthy and delicious school meals every day. We also believe it is our responsibility to be more than just people who put food on a plate. Our overall goal is to fill kids' bodies, minds and hearts with fresh, innovative, chef-inspired choices.

- New, on-trend food options, including Ramen Noodle Bowl, Cheese Tortellini BLT Salad and BBQ Pulled Pork Quesadilla.
- Convenient grab & go selections, healthy snacks and beverages. Our Boba Teas and Nacho Bar are a big hit with students.
- Youth Advisory Councils and Parent Advisory
 Councils, which give students and parents the opportunity
 for taste-testing new menu options.
- Our locally based team will be in schools daily to ensure smooth and efficient operation of your school's cafeteria.



These are designed to encourage trying new food, eating healthy and learning about world cuisine. Students will get to try new meals like Hummus and Chicken Curry. Plus, we will serve fresh fruits and veggies grown from local farms. We also have programs focused on sustainability and recycling, which are very important to today's students.

Check out all of the programs we offer here.



















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See how dedicated we are to serving kids healthy, delicious meals every day.