

# WELCOME BACK!

Dear Shaler Area School District families,

It's a new beginning, a fresh, bright year. We're more excited than ever to welcome your children back! We've been refining and improving their favorites foods they've come to love, and also creating delicious, exciting new chef-inspired meals that we can't wait to share with everyone.

**SAVE MONEY** Groceries at home can add up, our buying power means we get quality food at cost effective pricing.

**SAVE TIME** No more morning rush to pack lunch!

**VARIETY** No more guessing what your child will be hungry for at lunch. Kids can choose from multiple options on the serving line every day.

**BALANCED NUTRITION** School meals are nutritious and are based on USDA guidelines.

Want to simplify the school year even more? Paying ahead can be an easy, low stress way to ensure ready access for your children to always have a healthy meal at school. If you qualify for low- or no-cost school lunches, then this can be an important way to meet your weekly household food budget.

We're ready for the best year yet! Together, we can ensure your children have nutritious meals at school for their optimal health and well-being. Our simple mission continues to shine through every aspect of our business: Caring for People. Serving Great Food.

Please do not hesitate to reach out with any questions or concerns.

Sincerely,

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# Caring people serving great food is our recipe for success.

## THE NUTRITION GROUP IS PROUD TO BE YOUR SCHOOL'S FOOD SERVICE PROVIDER.

We want all students to enjoy healthy and delicious school meals every day. We also believe it is our responsibility to be more than just people who put food on a plate. Our overall goal is to fill kids' bodies, minds and hearts with fresh, innovative, chef-inspired choices.

- **New, on-trend food options**, including Ramen Noodle Bowl, Cheese Tortellini BLT Salad and BBQ Pulled Pork Quesadilla.
- **Convenient grab & go selections**, healthy snacks and beverages. Our Boba Teas and Nacho Bar are a big hit with students.
- **Youth Advisory Councils and Parent Advisory Councils**, which give students and parents the opportunity for taste-testing new menu options.
- **Our locally based team** will be in schools daily to ensure smooth and efficient operation of your school's cafeteria.



**Looking forward to a delicious  
and fun year ahead.**



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See how  
dedicated we  
are to serving  
kids healthy,  
delicious meals  
every day.



**One of the most important  
ways we feed our students is  
through our many interactive  
Nutrition Education Classes.**

These are designed to encourage trying new food, eating healthy and learning about world cuisine. Students will get to try new meals like Hummus and Chicken Curry. Plus, we will serve fresh fruits and veggies grown from local farms. We also have programs focused on sustainability and recycling, which are very important to today's students.

**Check out all of  
the programs we  
offer here.**

