

FAMILY AND CONSUMER SCIENCE

FOODS

(#6046)

Periods Per Week: 5

Prerequisite: None

Credit Value: .5

Semester: Either

Open to Grades: 9, 10, 11, 12

This course is the place to start if you like to cook and eat! During this semester course, students will learn to survive in the kitchen by learning basic food preparation skills, reading recipes, using equipment, understanding nutrition, and trying new foods. Students will prepare fresh cookies, homemade pizzas, hot and tasty appetizers, fruits, desserts and much, much more. If you like to work in the kitchen or eat, this class is for you!

QUICK PREP FOODS

(#6047)

Periods Per Week: 5

Prerequisite: 60% or above in Foods

Credit Value: .5

Semester: Either

Open to Grades: 9, 10, 11, 12

In this course, you will learn how to prepare quick and appetizing meals. Effective cooking techniques will be utilized in food labs by using convenience methods and a variety of food preparation styles. Throughout the exploration of this class, you will practice proper etiquette, formal table setting, and experimentation with culinary skills. Take this class so you can learn to create delicious meals.

INTERNATIONAL FOODS

(#6048)

Periods Per Week: 5

Prerequisites: 60% or above in Foods

Credit Value: .5

Semester: Either

Open to Grades: 10, 11, 12

Imagine yourself preparing foods such as funnel cakes, egg rolls, homemade pasta, or Italian wedding soup. Take a culinary journey around the world by acquainting yourself with the influences of tradition, history, and the celebration of different customs. You will develop skills in the selection, preparation, and serving of food. Careers and occupations in the food industries will be explored. Come to class with a BIG appetite and enjoy!

GOURMET FOODS

(#6049)

Periods Per Week: 5

Prerequisite: 60% or above in Foods

Credit Value: .5

Semester: Either

Open to Grades: 10, 11, 12

Experience gourmet foods with teen friendly recipes. This class focuses on gourmet food preparation, pastries, cake decorating, and working with specialty foods. We will make gourmet pizza, gourmet pasta and reproduce copycat recipes from your favorite restaurants. If you are interested in a career in the culinary industry, or simply enjoy eating or preparing fine food, then this is the course for you!

TITAN CAFÉ**(#6050)****Periods Per Week: 5****Prerequisites: 60% or above in Foods****Credit Value: .5****Semester: Either****Open to Grades: 10, 11, 12**

Have you ever wondered what it is like to run your own restaurant? Do you wonder what goes on behind the scenes? Then this is the class for you. You will be learning about food etiquette, meal planning concepts, and preparation skills. Not only will you be preparing full course meals, you will explore event planning and food related careers.

TEEN LIVING**(#6035)****Periods Per Week: 5****Prerequisites: None****Credit Value: .5****Semester: Either****Open to Grades: 9, 10**

Explore your personality and how it relates to your world. We will focus on relationships: family, friends and dating. Topics to be covered include student's role as a family member, making good choices, peer pressure, conflict resolution, anger management, goal setting, and deceptive advertising and how it effects purchasing decisions.

THE REAL WORLD**(#6040)****Periods Per Week: 5****Prerequisites: None****Credit Value: .5****Semester: Either****Open to Grades: 11, 12**

Could you survive on your own? Do you have the basic skills to make it in the "Real World"? Healthy experiences are the key to success! You will search for an apartment and furnish it. Explore dorm living. Bank accounts, insurance policies, loans, and credit cards will be explored as well as working with a budget and finances. You will navigate your way through obtaining a car (new or used) and find your way around the country. Basic cooking terms and procedures will be reviewed and simple meals will be prepared. Get ready to be on your own!

INTERIOR DESIGN STUDIO**(#6056)****Periods Per Week: 5****Prerequisites: None****Credit Value: .5****Semester: Either****Open to Grades: 9, 10, 11, 12**

This course explores design topics that include decorating, furnishings, color theory, floor plans, and architecture. Students will create hands-on projects, presentation boards, and simple sketching techniques. Class topics will expose students to a wide variety of professional careers. The ability to think creatively and the focus on design details will be emphasized.

CREATIVE SEWING LAB 1**(#6100)****Periods Per Week: 5****Prerequisites: None****Credit Value: .5****Semester: Either****Open to Grades: 9, 10, 11, 12**

This semester course is an introduction to various sewing equipment, sewing construction techniques, patterns, and fabrics. Students will gain confidence and ability using a sewing machine to complete introductory products. Additional projects based on their own interests and creativity will then be selected. Various DIY projects may also be explored and created.

CREATIVE SEWING LAB 2**Credit Value: .5****(#6105)****Periods Per Week: 5****Semester:****Either****Prerequisites: 60% or above in Creative Sewing Lab 1****Open to Grades:****9, 10, 11, 12**

Use your time creatively and productively while learning to use today's new sewing techniques and equipment. Students will incorporate their skill level along with their knowledge of textiles and clothing quality into their selection of individualized projects. Projects may include clothing items and accessories such as tote bags and purses, home decorating projects, as well as simple quilts. As in level 1, DIY projects may also be explored.

APPAREL MANUFACTURING**Credit Value: .5****(#6110)****Periods Per Week: 5****Semester:****Either****Prerequisites: 70% or above in Creative Sewing Lab 1 or Fashion****Open to Grades:****9, 10, 11, 12**

This class is designed to teach you how to refine the skills you learned in your beginner sewing class or Fashion class. Students will continue to learn about pattern layout, fabric cutting, garment construction, and advanced finishing techniques for clothing construction.

FASHION**Credit Value: .5****(#6120)****Periods Per Weeks: 5****Semester:****Either****Prerequisites: None****Open to Grade:****9, 10, 11, 12**

Introducing students to the fast-growing world of fashion is the basis of this course. We will explore exciting fashion careers and world-famous designers. Class projects will consist of coordinating simple fashion accessories, researching the decades of fashion, and creating a portfolio of design trends and fads. Students will also be introduced to sewing equipment, sewing fundamentals, fabric and patterns and professional construction techniques. These skills provide the foundation for a wide range of careers available in the fashion industry.

CHILD DEVELOPMENT**Credit Value: .5****(#6000)****Periods Per Week: 5****Semester:****Either****Prerequisites: None****Open to Grades:****9, 10, 11, 12**

This course is an exploration of the development of the child from infancy to school age, physically, emotionally, socially, and intellectually. By examining these aspects of growth and development, and the way in which heredity and environment influence them, the students can better understand the responsibilities and challenges of parenting and childcare. We will evaluate toys and the importance of play in helping children socialize and develop fine and gross motor skills. We will also focus on the importance of literacy skills in the healthy development of children. **This class must be taken before signing up to work in our preschool lab.**

PRESCHOOL LAB 1**Credit Value: .5****(#6005)****Periods Per Week: 5****Semester: Either****Prerequisites: 80% or above in Child Development****Open to Grades: 10, 11, 12**

This course allows the student with a special interest in working with children the opportunity to pursue the advanced study of children in a practical working environment. The students will be involved with the planning and preparation of an actual preschool, the Shaler Area Preschool for 3, 4, and 5yr. olds. Assigned job rotations will allow them to experience all aspects of the operation of the preschool. They will observe and work with the children, seeing firsthand, some of the developmental milestones studied in Child Development.

PRESCHOOL LAB 2**Credit Value: .5****(#6010)****Periods Per Week: 5****Semester: Either****Prerequisites: 80% or above in Preschool Lab 1****Open to Grade: 11, 12**

This course is designed for the students who wish to be part of the operation of a working preschool. They will have more opportunities to communicate with preschoolers, their parents, and community members as they learn about planning theme units and guiding preschoolers safely through daily routines. They will join with Lab 1 and Advanced Preschool Lab to plan learning activities that will encourage the preschoolers' development.

ADVANCED PRESCHOOL LAB**Credit Value: .5****(College in High School - Carlow)****(#6015)****Periods Per Weeks: 5****Semester: Either****Prerequisites: 80% or above in Preschool Lab 2****Open to Grade: 11, 12**

Advanced Preschool Lab is designed for the student with an educational career in mind. Students will take part in all aspects of operating a preschool, from creating positive and unique learning experiences for the children, to room arrangement, administrative jobs, operating within a budget, and the day-to-day management of childcare facilities. Focus will be on assuming a leadership role in the operation of the preschool. Students have the opportunity to take this course as a College in High School course and receive university/college credit upon successful completion of the course requirements.

College/University: Carlow University (May be accepted as an elective at other institutions)
Course Equivalent/Credits: EC 200: Child Development: Birth to 5 / 3 credits
Cost: \$75 per credit/\$225 (2023-24)
Registration Deadline: See instructor for deadline
Requirement for credit: Final grade of a C (71.5%) or better.
Summer Assignment: No