Shaler Area School District Athletics
Winter Sports Physicals 2026-27

Posted September 21, 2026

The PIAA requires one Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) per year for eligibility to participate in interscholastic athletics. The date on the **PIAA Physician's Form (Section 6)** must be **no earlier than May 1, 2026** for the upcoming school year. Immunization information is not required. *Students who played a SASD Fall sport do NOT need to get another physical exam*.

Cost for School Sports Physicals:

The fee for physicals conducted at school is **$10.00**, due at the time of the physical. Checks are preferred and should be made payable to **"S.A.S.D."** Cash is also accepted.

Arbiter Registration Link:

Required Forms

To have a physical completed at the school, the student-athlete must arrive with the PIAA CIPPE **Sections 5 (Health History) completed and the top of Section 6 filled out** (available on the Shaler Area Athletics website). These are the only paper forms needed to get a sports physical. All other PIAA CIPPE forms, UPMC and SASD forms will be online through Arbiter Registration (we are no longer accepting paper physical packets).

After the physician signs Section 6, the student-athlete will **take a photo of the completed form** to upload it to **Arbiter Registration.**

Winter Sports Physicals (Grades 7–12)

Date: November 3, 2026
Location: Shaler Area High School

Students should report to the High School **Main Lobby**, where they will be directed to the appropriate rooms. The physical will be conducted by our school/team physicians.

Report times are based on the student's last name to minimize wait times. Students will not be permitted in the building **before or after their scheduled time**.

Please allow up to **1 hour** to complete the process. **See schedule below.**

November 3, 2026

Last Names A-E - 12:45pm

Last Names F-J- 1:00pm

Last Names K-O - 1:15pm

Last Names P-T - 1:30pm

Last Names U-Z – 2:00pm

If you have any questions or issues, please email the sports medicine staff at athletictraining@shalerarea.org or call at 412-492-1200 ext. 8-1147